## **GROW YOUR OWN!**



Name: \_\_\_\_\_

While this survival skill is for long-term situations, you can always grow your own food at home to save on the amount of groceries you buy or to just have a garden. Try your hand at gardening with this activity!

## **Supplies Needed:**

- Seed
- Saran Wrap
- Rubber Band
- Soil
- Water
- Small Container

## Instructions:

- 1. Place the soil into the container.
- 2. Use your finger to dig a hole about an ½ inch to an inch deep in the middle.
- 3. Place the seed into the hole.
- 4. Cover the seed with soil.
- 5. Water your planting.
- 6. Place the saran wrap piece over your container and use the rubber band to hold the saran wrap over it.
- 7. Put your planting in a sunny spot inside.
- 8. Follow the instructions with the seed packet for how to care for the planting as it grows. Eventually, you will need to take it outside.